

Purpose Framework

You can use this as a reflective worksheet, as you think about the quadrants, you are making a conscious inventory of what you already possess, and improve your awareness of reality.

You can definitely do this exercise on your own, or if you prefer to do this with me, just reach out to me at david@saltnpepper.sg.

What you love	What you're good at
What the world needs	What you can be paid for